

3 - 2ª jornada, 1ª sesión

28/06/2025 - 10:00

Prueba 19  
28/06/2025

Fem., 1500m Libre

Absoluto femenino  
Resultados

Clasificación	AN				Tiempo				Júnior	Absoluta	RT	
16 años												
1.	SUAREZ MACIAS, Gabriela				09	Aguacan				19:44.39	13,00	12,00 +0,76
	50m:	32.99	32.99	450m:	5:45.73	39.98	850m:	11:04.22	39.90	1250m:	16:25.77	39.78
	100m:	1:10.77	37.78	500m:	6:26.05	40.32	900m:	11:44.36	40.14	1300m:	17:06.15	40.38
	150m:	1:49.41	38.64	550m:	7:05.46	39.41	950m:	12:24.07	39.71	1350m:	17:46.11	39.96
	200m:	2:28.78	39.37	600m:	7:44.74	39.28	1000m:	13:04.74	40.67	1400m:	18:26.48	40.37
	250m:	3:07.87	39.09	650m:	8:24.19	39.45	1050m:	13:44.73	39.99	1450m:	19:05.52	39.04
	300m:	3:47.22	39.35	700m:	9:04.39	40.20	1100m:	14:25.51	40.78	1500m:	19:44.39	38.87
	350m:	4:26.19	38.97	750m:	9:44.15	39.76	1150m:	15:05.61	40.10			
	400m:	5:05.75	39.56	800m:	10:24.32	40.17	1200m:	15:45.99	40.38			
17 años												
1.	JAEN SERRA, Naira				08	Nadamas				18:00.46	19,00	19,00 +0,72
	50m:	31.35	31.35	450m:	5:12.92	35.96	850m:	10:01.94	35.94	1250m:	14:57.47	37.04
	100m:	1:05.20	33.85	500m:	5:48.83	35.91	900m:	10:38.64	36.70	1300m:	15:34.60	37.13
	150m:	1:39.60	34.40	550m:	6:24.77	35.94	950m:	11:15.18	36.54	1350m:	16:11.37	36.77
	200m:	2:14.81	35.21	600m:	7:00.65	35.88	1000m:	11:52.44	37.26	1400m:	16:48.36	36.99
	250m:	2:49.96	35.15	650m:	7:36.92	36.27	1050m:	12:29.39	36.95	1450m:	17:25.09	36.73
	300m:	3:25.60	35.64	700m:	8:13.10	36.18	1100m:	13:06.62	37.23	1500m:	18:00.46	35.37
	350m:	4:01.22	35.62	750m:	8:49.57	36.47	1150m:	13:43.41	36.79			
	400m:	4:36.96	35.74	800m:	9:26.00	36.43	1200m:	14:20.43	37.02			
2.	MEJIAS INGLOTT, Valeria				08	C.N. Las Palmas				18:59.18	14,00	13,00 +0,91
	50m:	33.44	33.44	450m:	5:35.05	37.93	850m:	10:40.82	37.75	1250m:	15:48.76	38.51
	100m:	1:10.43	36.99	500m:	6:13.35	38.30	900m:	11:19.54	38.72	1300m:	16:27.22	38.46
	150m:	1:47.66	37.23	550m:	6:51.40	38.05	950m:	11:57.54	38.00	1350m:	17:05.30	38.08
	200m:	2:25.60	37.94	600m:	7:29.60	38.20	1000m:	12:36.26	38.72	1400m:	17:43.80	38.50
	250m:	3:03.58	37.98	650m:	8:07.90	38.30	1050m:	13:14.11	37.85	1450m:	18:21.90	38.10
	300m:	3:41.45	37.87	700m:	8:46.40	38.50	1100m:	13:53.30	39.19	1500m:	18:59.18	37.28
	350m:	4:19.13	37.68	750m:	9:24.59	38.19	1150m:	14:31.51	38.21			
	400m:	4:57.12	37.99	800m:	10:03.07	38.48	1200m:	15:10.25	38.74			
3.	REINA LLAMAS, Arwen				08	Teneteide				20:21.25	12,00	10,00 +0,89
	50m:	33.53	33.53	450m:	5:51.03	40.55	850m:	11:25.39	40.86	1250m:	16:56.11	41.04
	100m:	1:11.21	37.68	500m:	6:32.39	41.36	900m:	12:06.87	41.48	1300m:	17:37.28	41.17
	150m:	1:49.49	38.28	550m:	7:13.64	41.25	950m:	12:47.82	40.95	1350m:	18:18.43	41.15
	200m:	2:29.65	40.16	600m:	7:55.89	42.25	1000m:	13:29.40	41.58	1400m:	19:00.27	41.84
	250m:	3:08.99	39.34	650m:	8:37.51	41.62	1050m:	14:10.65	41.25	1450m:	19:40.70	40.43
	300m:	3:49.02	40.03	700m:	9:20.33	42.82	1100m:	14:52.24	41.59	1500m:	20:21.25	40.55
	350m:	4:29.21	40.19	750m:	10:01.60	41.27	1150m:	15:33.01	40.77			
	400m:	5:10.48	41.27	800m:	10:44.53	42.93	1200m:	16:15.07	42.06			

Prueba 19, Fem., 1500m Libre, 17 años

Clasificación				AN				Tiempo	Júnior	Absoluta	RT
4. RODRIGUEZ PALMERO, Claudia				08	Teneteide			<b>20:40.44</b>	11,00	9,00	+1,06
50m:	35.00	35.00	450m:	5:59.72	40.87	850m:	11:32.41	41.55	1250m:	17:11.97	41.90
100m:	1:14.69	39.69	500m:	6:41.56	41.84	900m:	12:14.82	42.41	1300m:	17:55.33	43.36
150m:	1:54.81	40.12	550m:	7:22.41	40.85	950m:	12:57.12	42.30	1350m:	18:36.28	40.95
200m:	2:35.50	40.69	600m:	8:04.55	42.14	1000m:	13:39.74	42.62	1400m:	19:18.36	42.08
250m:	3:15.73	40.23	650m:	8:45.84	41.29	1050m:	14:21.82	42.08	1450m:	19:59.88	41.52
300m:	3:57.00	41.27	700m:	9:27.63	41.79	1100m:	15:04.99	43.17	1500m:	20:40.44	40.56
350m:	4:37.34	40.34	750m:	10:09.03	41.40	1150m:	15:46.91	41.92			
400m:	5:18.85	41.51	800m:	10:50.86	41.83	1200m:	16:30.07	43.16			

18 años

1. RUIZ REYES, Raquel				07	C.N. Las Palmas			<b>18:30.95</b>	16,00	16,00	+0,80
50m:	31.91	31.91	450m:	5:24.32	37.06	850m:	10:23.80	37.31	1250m:	15:24.66	37.55
100m:	1:07.60	35.69	500m:	6:02.14	37.82	900m:	11:01.56	37.76	1300m:	16:02.68	38.02
150m:	1:43.46	35.86	550m:	6:38.95	36.81	950m:	11:39.03	37.47	1350m:	16:39.92	37.24
200m:	2:20.47	37.01	600m:	7:16.68	37.73	1000m:	12:16.42	37.39	1400m:	17:17.63	37.71
250m:	2:56.78	36.31	650m:	7:53.88	37.20	1050m:	12:53.95	37.53	1450m:	17:54.84	37.21
300m:	3:33.54	36.76	700m:	8:31.56	37.68	1100m:	13:31.57	37.62	1500m:	18:30.95	36.11
350m:	4:10.32	36.78	750m:	9:08.91	37.35	1150m:	14:09.11	37.54			
400m:	4:47.26	36.94	800m:	9:46.49	37.58	1200m:	14:47.11	38.00			

Junior Femenino

1. JAEN SERRA, Naira				08	Nadamas			<b>18:00.46</b>	19,00	19,00	+0,72
50m:	31.35	31.35	450m:	5:12.92	35.96	850m:	10:01.94	35.94	1250m:	14:57.47	37.04
100m:	1:05.20	33.85	500m:	5:48.83	35.91	900m:	10:38.64	36.70	1300m:	15:34.60	37.13
150m:	1:39.60	34.40	550m:	6:24.77	35.94	950m:	11:15.18	36.54	1350m:	16:11.37	36.77
200m:	2:14.81	35.21	600m:	7:00.65	35.88	1000m:	11:52.44	37.26	1400m:	16:48.36	36.99
250m:	2:49.96	35.15	650m:	7:36.92	36.27	1050m:	12:29.39	36.95	1450m:	17:25.09	36.73
300m:	3:25.60	35.64	700m:	8:13.10	36.18	1100m:	13:06.62	37.23	1500m:	18:00.46	35.37
350m:	4:01.22	35.62	750m:	8:49.57	36.47	1150m:	13:43.41	36.79			
400m:	4:36.96	35.74	800m:	9:26.00	36.43	1200m:	14:20.43	37.02			

  

2. RUIZ REYES, Raquel				07	C.N. Las Palmas			<b>18:30.95</b>	16,00	16,00	+0,80
50m:	31.91	31.91	450m:	5:24.32	37.06	850m:	10:23.80	37.31	1250m:	15:24.66	37.55
100m:	1:07.60	35.69	500m:	6:02.14	37.82	900m:	11:01.56	37.76	1300m:	16:02.68	38.02
150m:	1:43.46	35.86	550m:	6:38.95	36.81	950m:	11:39.03	37.47	1350m:	16:39.92	37.24
200m:	2:20.47	37.01	600m:	7:16.68	37.73	1000m:	12:16.42	37.39	1400m:	17:17.63	37.71
250m:	2:56.78	36.31	650m:	7:53.88	37.20	1050m:	12:53.95	37.53	1450m:	17:54.84	37.21
300m:	3:33.54	36.76	700m:	8:31.56	37.68	1100m:	13:31.57	37.62	1500m:	18:30.95	36.11
350m:	4:10.32	36.78	750m:	9:08.91	37.35	1150m:	14:09.11	37.54			
400m:	4:47.26	36.94	800m:	9:46.49	37.58	1200m:	14:47.11	38.00			

  

3. MEJIAS INGLOTT, Valeria				08	C.N. Las Palmas			<b>18:59.18</b>	14,00	13,00	+0,91
50m:	33.44	33.44	450m:	5:35.05	37.93	850m:	10:40.82	37.75	1250m:	15:48.76	38.51
100m:	1:10.43	36.99	500m:	6:13.35	38.30	900m:	11:19.54	38.72	1300m:	16:27.22	38.46
150m:	1:47.66	37.23	550m:	6:51.40	38.05	950m:	11:57.54	38.00	1350m:	17:05.30	38.08
200m:	2:25.60	37.94	600m:	7:29.60	38.20	1000m:	12:36.26	38.72	1400m:	17:43.80	38.50
250m:	3:03.58	37.98	650m:	8:07.90	38.30	1050m:	13:14.11	37.85	1450m:	18:21.90	38.10
300m:	3:41.45	37.87	700m:	8:46.40	38.50	1100m:	13:53.30	39.19	1500m:	18:59.18	37.28
350m:	4:19.13	37.68	750m:	9:24.59	38.19	1150m:	14:31.51	38.21			
400m:	4:57.12	37.99	800m:	10:03.07	38.48	1200m:	15:10.25	38.74			

Prueba 19, Fem., 1500m Libre, Junior Femenino

Clasificación				AN				Tiempo	Júnior	Absoluta	RT	
4.	SUAREZ MACIAS, Gabriela			09	Aguacan			19:44.39	13,00	12,00	+0,76	
	50m:	32.99	32.99	450m:	5:45.73	39.98	850m:	11:04.22	39.90	1250m:	16:25.77	39.78
	100m:	1:10.77	37.78	500m:	6:26.05	40.32	900m:	11:44.36	40.14	1300m:	17:06.15	40.38
	150m:	1:49.41	38.64	550m:	7:05.46	39.41	950m:	12:24.07	39.71	1350m:	17:46.11	39.96
	200m:	2:28.78	39.37	600m:	7:44.74	39.28	1000m:	13:04.74	40.67	1400m:	18:26.48	40.37
	250m:	3:07.87	39.09	650m:	8:24.19	39.45	1050m:	13:44.73	39.99	1450m:	19:05.52	39.04
	300m:	3:47.22	39.35	700m:	9:04.39	40.20	1100m:	14:25.51	40.78	1500m:	19:44.39	38.87
	350m:	4:26.19	38.97	750m:	9:44.15	39.76	1150m:	15:05.61	40.10			
	400m:	5:05.75	39.56	800m:	10:24.32	40.17	1200m:	15:45.99	40.38			
5.	REINA LLAMAS, Arwen			08	Teneteide			20:21.25	12,00	10,00	+0,89	
	50m:	33.53	33.53	450m:	5:51.03	40.55	850m:	11:25.39	40.86	1250m:	16:56.11	41.04
	100m:	1:11.21	37.68	500m:	6:32.39	41.36	900m:	12:06.87	41.48	1300m:	17:37.28	41.17
	150m:	1:49.49	38.28	550m:	7:13.64	41.25	950m:	12:47.82	40.95	1350m:	18:18.43	41.15
	200m:	2:29.65	40.16	600m:	7:55.89	42.25	1000m:	13:29.40	41.58	1400m:	19:00.27	41.84
	250m:	3:08.99	39.34	650m:	8:37.51	41.62	1050m:	14:10.65	41.25	1450m:	19:40.70	40.43
	300m:	3:49.02	40.03	700m:	9:20.33	42.82	1100m:	14:52.24	41.59	1500m:	20:21.25	40.55
	350m:	4:29.21	40.19	750m:	10:01.60	41.27	1150m:	15:33.01	40.77			
	400m:	5:10.48	41.27	800m:	10:44.53	42.93	1200m:	16:15.07	42.06			
6.	RODRIGUEZ PALMERO, Claudia			08	Teneteide			20:40.44	11,00	9,00	+1,06	
	50m:	35.00	35.00	450m:	5:59.72	40.87	850m:	11:32.41	41.55	1250m:	17:11.97	41.90
	100m:	1:14.69	39.69	500m:	6:41.56	41.84	900m:	12:14.82	42.41	1300m:	17:55.33	43.36
	150m:	1:54.81	40.12	550m:	7:22.41	40.85	950m:	12:57.12	42.30	1350m:	18:36.28	40.95
	200m:	2:35.50	40.69	600m:	8:04.55	42.14	1000m:	13:39.74	42.62	1400m:	19:18.36	42.08
	250m:	3:15.73	40.23	650m:	8:45.84	41.29	1050m:	14:21.82	42.08	1450m:	19:59.88	41.52
	300m:	3:57.00	41.27	700m:	9:27.63	41.79	1100m:	15:04.99	43.17	1500m:	20:40.44	40.56
	350m:	4:37.34	40.34	750m:	10:09.03	41.40	1150m:	15:46.91	41.92			
	400m:	5:18.85	41.51	800m:	10:50.86	41.83	1200m:	16:30.07	43.16			

Absoluto femenino

1.	JAEN SERRA, Naira			08	Nadamas		18:00.46	19,00	19,00	+0,72		
	50m:	31.35	31.35	450m:	5:12.92	35.96	850m:	10:01.94	35.94	1250m:	14:57.47	37.04
	100m:	1:05.20	33.85	500m:	5:48.83	35.91	900m:	10:38.64	36.70	1300m:	15:34.60	37.13
	150m:	1:39.60	34.40	550m:	6:24.77	35.94	950m:	11:15.18	36.54	1350m:	16:11.37	36.77
	200m:	2:14.81	35.21	600m:	7:00.65	35.88	1000m:	11:52.44	37.26	1400m:	16:48.36	36.99
	250m:	2:49.96	35.15	650m:	7:36.92	36.27	1050m:	12:29.39	36.95	1450m:	17:25.09	36.73
	300m:	3:25.60	35.64	700m:	8:13.10	36.18	1100m:	13:06.62	37.23	1500m:	18:00.46	35.37
	350m:	4:01.22	35.62	750m:	8:49.57	36.47	1150m:	13:43.41	36.79			
	400m:	4:36.96	35.74	800m:	9:26.00	36.43	1200m:	14:20.43	37.02			
2.	RUIZ REYES, Raquel			07	C.N. Las Palmas		18:30.95	16,00	16,00	+0,80		
	50m:	31.91	31.91	450m:	5:24.32	37.06	850m:	10:23.80	37.31	1250m:	15:24.66	37.55
	100m:	1:07.60	35.69	500m:	6:02.14	37.82	900m:	11:01.56	37.76	1300m:	16:02.68	38.02
	150m:	1:43.46	35.86	550m:	6:38.95	36.81	950m:	11:39.03	37.47	1350m:	16:39.92	37.24
	200m:	2:20.47	37.01	600m:	7:16.68	37.73	1000m:	12:16.42	37.39	1400m:	17:17.63	37.71
	250m:	2:56.78	36.31	650m:	7:53.88	37.20	1050m:	12:53.95	37.53	1450m:	17:54.84	37.21
	300m:	3:33.54	36.76	700m:	8:31.56	37.68	1100m:	13:31.57	37.62	1500m:	18:30.95	36.11
	350m:	4:10.32	36.78	750m:	9:08.91	37.35	1150m:	14:09.11	37.54			
	400m:	4:47.26	36.94	800m:	9:46.49	37.58	1200m:	14:47.11	38.00			

Prueba 19, Fem., 1500m Libre, Absoluto femenino

Clasificación				AN			Tiempo			Júnior		Absoluta		RT	
3.	BENITEZ BRITO, Ana			10			Metropole			18:47.57			-	14,00	+0,81
	50m:	31.69	31.69	450m:	5:27.16	38.00	850m:	10:33.03	38.43	1250m:	15:39.53	38.41			
	100m:	1:06.53	34.84	500m:	6:05.44	38.28	900m:	11:11.69	38.66	1300m:	16:17.75	38.22			
	150m:	1:43.42	36.89	550m:	6:43.25	37.81	950m:	11:49.87	38.18	1350m:	16:56.23	38.48			
	200m:	2:20.09	36.67	600m:	7:21.32	38.07	1000m:	12:28.09	38.22	1400m:	17:34.63	38.40			
	250m:	2:57.03	36.94	650m:	7:59.44	38.12	1050m:	13:06.58	38.49	1450m:	18:11.74	37.11			
	300m:	3:34.09	37.06	700m:	8:37.69	38.25	1100m:	13:44.76	38.18	1500m:	18:47.57	35.83			
	350m:	4:11.54	37.45	750m:	9:16.09	38.40	1150m:	14:22.79	38.03						
	400m:	4:49.16	37.62	800m:	9:54.60	38.51	1200m:	15:01.12	38.33						
4.	MEJIAS INGLOTT, Valeria			08			C.N. Las Palmas			18:59.18			14,00	13,00	+0,91
	50m:	33.44	33.44	450m:	5:35.05	37.93	850m:	10:40.82	37.75	1250m:	15:48.76	38.51			
	100m:	1:10.43	36.99	500m:	6:13.35	38.30	900m:	11:19.54	38.72	1300m:	16:27.22	38.46			
	150m:	1:47.66	37.23	550m:	6:51.40	38.05	950m:	11:57.54	38.00	1350m:	17:05.30	38.08			
	200m:	2:25.60	37.94	600m:	7:29.60	38.20	1000m:	12:36.26	38.72	1400m:	17:43.80	38.50			
	250m:	3:03.58	37.98	650m:	8:07.90	38.30	1050m:	13:14.11	37.85	1450m:	18:21.90	38.10			
	300m:	3:41.45	37.87	700m:	8:46.40	38.50	1100m:	13:53.30	39.19	1500m:	18:59.18	37.28			
	350m:	4:19.13	37.68	750m:	9:24.59	38.19	1150m:	14:31.51	38.21						
	400m:	4:57.12	37.99	800m:	10:03.07	38.48	1200m:	15:10.25	38.74						
5.	SUAREZ MACIAS, Gabriela			09			Aguacan			19:44.39			13,00	12,00	+0,76
	50m:	32.99	32.99	450m:	5:45.73	39.98	850m:	11:04.22	39.90	1250m:	16:25.77	39.78			
	100m:	1:10.77	37.78	500m:	6:26.05	40.32	900m:	11:44.36	40.14	1300m:	17:06.15	40.38			
	150m:	1:49.41	38.64	550m:	7:05.46	39.41	950m:	12:24.07	39.71	1350m:	17:46.11	39.96			
	200m:	2:28.78	39.37	600m:	7:44.74	39.28	1000m:	13:04.74	40.67	1400m:	18:26.48	40.37			
	250m:	3:07.87	39.09	650m:	8:24.19	39.45	1050m:	13:44.73	39.99	1450m:	19:05.52	39.04			
	300m:	3:47.22	39.35	700m:	9:04.39	40.20	1100m:	14:25.51	40.78	1500m:	19:44.39	38.87			
	350m:	4:26.19	38.97	750m:	9:44.15	39.76	1150m:	15:05.61	40.10						
	400m:	5:05.75	39.56	800m:	10:24.32	40.17	1200m:	15:45.99	40.38						
6.	JORGE FUENTES, Carla			11			Metropole			19:51.82			-	11,00	+0,75
	50m:	33.92	33.92	450m:	5:48.05	40.18	850m:	11:04.96	39.75	1250m:	16:30.54	41.81			
	100m:	1:11.64	37.72	500m:	6:27.94	39.89	900m:	11:44.74	39.78	1300m:	17:11.49	40.95			
	150m:	1:50.11	38.47	550m:	7:07.96	40.02	950m:	12:25.16	40.42	1350m:	17:53.15	41.66			
	200m:	2:28.96	38.85	600m:	7:46.79	38.83	1000m:	13:05.65	40.49	1400m:	18:33.72	40.57			
	250m:	3:08.62	39.66	650m:	8:27.26	40.47	1050m:	13:46.34	40.69	1450m:	19:13.77	40.05			
	300m:	3:48.20	39.58	700m:	9:06.44	39.18	1100m:	14:26.72	40.38	1500m:	19:51.82	38.05			
	350m:	4:28.27	40.07	750m:	9:46.43	39.99	1150m:	15:07.58	40.86						
	400m:	5:07.87	39.60	800m:	10:25.21	38.78	1200m:	15:48.73	41.15						
7.	REINA LLAMAS, Arwen			08			Teneteide			20:21.25			12,00	10,00	+0,89
	50m:	33.53	33.53	450m:	5:51.03	40.55	850m:	11:25.39	40.86	1250m:	16:56.11	41.04			
	100m:	1:11.21	37.68	500m:	6:32.39	41.36	900m:	12:06.87	41.48	1300m:	17:37.28	41.17			
	150m:	1:49.49	38.28	550m:	7:13.64	41.25	950m:	12:47.82	40.95	1350m:	18:18.43	41.15			
	200m:	2:29.65	40.16	600m:	7:55.89	42.25	1000m:	13:29.40	41.58	1400m:	19:00.27	41.84			
	250m:	3:08.99	39.34	650m:	8:37.51	41.62	1050m:	14:10.65	41.25	1450m:	19:40.70	40.43			
	300m:	3:49.02	40.03	700m:	9:20.33	42.82	1100m:	14:52.24	41.59	1500m:	20:21.25	40.55			
	350m:	4:29.21	40.19	750m:	10:01.60	41.27	1150m:	15:33.01	40.77						
	400m:	5:10.48	41.27	800m:	10:44.53	42.93	1200m:	16:15.07	42.06						

Prueba 19, Fem., 1500m Libre, Absoluto femenino

Clasificación	AN				Tiempo				Júnior	Absoluta	RT		
8.	RODRIGUEZ PALMERO, Claudia				08	Teneteide				20:40.44	11,00	9,00	+1,06
	50m:	35.00	35.00	450m:	5:59.72	40.87	850m:	11:32.41	41.55	1250m:	17:11.97	41.90	
	100m:	1:14.69	39.69	500m:	6:41.56	41.84	900m:	12:14.82	42.41	1300m:	17:55.33	43.36	
	150m:	1:54.81	40.12	550m:	7:22.41	40.85	950m:	12:57.12	42.30	1350m:	18:36.28	40.95	
	200m:	2:35.50	40.69	600m:	8:04.55	42.14	1000m:	13:39.74	42.62	1400m:	19:18.36	42.08	
	250m:	3:15.73	40.23	650m:	8:45.84	41.29	1050m:	14:21.82	42.08	1450m:	19:59.88	41.52	
	300m:	3:57.00	41.27	700m:	9:27.63	41.79	1100m:	15:04.99	43.17	1500m:	20:40.44	40.56	
	350m:	4:37.34	40.34	750m:	10:09.03	41.40	1150m:	15:46.91	41.92				
	400m:	5:18.85	41.51	800m:	10:50.86	41.83	1200m:	16:30.07	43.16				